

# CEE TEE WORLD

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A NEWSPAPER FROM : **CT GROUP**

**CT GROUP**  
SINCE 1997  
PUNJAB (INDIA)

**The Future is Now:  
Students Win at Pushpa  
Gujral Science City**

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**Hostellers of CTPS Rejoice  
at the Silver Night**

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**Achieving the Top 1%: Banisha's  
Achievement in Management**

Principles

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**CT UNIVERSITY**  
Ranked Amongst  
**Top 30** Universities  
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In Order to Establish a

## LIMCA BOOK RECORD

CT Group Makes 300 Different Types of

## MOJITOS



CT Institute of Hospitality Management under the patronage of CT Group of Institutions, South Campus, Shahpur successfully attempted to set a Limca Book Record by making 300 different types of mojitos. They established the record in 3 minutes and 51 seconds. The team consisted of students and faculty who worked collaboratively and showed immense enthusiasm. The guests of the event remained Mr Rajeev Wadhawan Human Resource Manager from Club Cabana Resort & Spa, Mr Rohit Sammi Head Human Resource & Training Manager Ramada Encore Jalandhar, Mr Amit Kaura from Whiskeypedia and Executive Chef Paramjit Singh from Ramada Encore Jalandhar. He appraised the efforts of everyone involved from planning to execution of this mega event. Others in attendance included the Chairman of CT Group of Institutions, Charanjeet Singh Channi, CT Group's Managing Director, Dr Manbir Singh, Campus Director, Dr Gurpreet Singh, Principal of CTIHM, Mr Divoy Chabra, Head of the Department, Mr. Mahesh Khadwal, Mr Vishal, Mr Balbir. In order to include the successful record-setting attempt in the Limca Book of Records, the recording authority received the documents. CT Group's Managing Director, Dr. Manbir Singh congratulated the faculty and students of CT Institute of Hospitality Management, on this achievement. He said that such an innovative idea was never thought of earlier and is one of its kind in itself.



## NEWS

# The Future is Now: Students Win at Pushpa Gujral Science City



Pushpa Gujral Science City celebrated the international day for biological diversity on May 22, 2023. The program was conducted by the Punjab bio-diversity board in collaboration with Science City. Several schools participated in face painting and poster-making competitions with the theme: From Agreement To Action: Building Back Bio-

diversity. Director of Pushpa Gujral Science City Dr. Rajesh Grover explained different ways and projects to protect our bio-diversity to students. Dr. Renu Bhardwaj from Botanical and Environmental Sciences from GNDU Amritsar, the guest of honor for the event shared her valuable views about bio-diversity conservation with students.

Students of CT Public School participated in the event headed by Ms. Dheeru Narang. Shreya of class eleven (Science) won the first prize in poster making. Tushti from class ninth and Yangdol from class eleven won the second prize in the face tattoo-making competition. Awards were distributed to the winning participants and certificates of

participation were distributed to all participating students. CTPS Principal, Ms. Anuradha Chandel appreciated the students' efforts and congratulated the competition winners. She emphasized that bio-diversity must be conserved for future generations.

## CT Medicare Complex-Union of Affordable *Healthcare* and *Compassion*



With a strong belief in real and sustainable societal change, CT Group of Institutions inaugurated its dream venture, CT Medicare Complex on the 13th April 2023. Following its longstanding legacy of contributing, CT Group has initiated a medical care complex with benchmarked services and infrastructure. A free medical camp was organized to mark the initiation of healing and hope at the complex. Understanding that good medical care is a prerogative of all and not a privilege of few, CT Medicare Complex is

established to cater to the needs of adjacent villages. A benevolent 50-rupee OPD cost is maintained, and reasonably priced lab tests are also offered. All the facilities are powered by a team of healthcare professionals who would leave no stone unturned to bridge gaps in healthcare. The event's chief guest, Dr. Baljeet Kaur Ruby, Deputy Director (Dental)/District Dental Officer, was in attendance, along with visiting consultants Dr. Balraj Gupta, MD, Cardio-Diabetologist, Dr. Abhinav Anand, Laparoscopic Surgeon, Dr. Nalini Saxena, Eye Surgeon,

Dr. Manjit Kaur Bawa, Gynecologist/Ex-SMO Civil Hospital Jalandhar, Dr. Kuldeep Singh Orthopedician, and Sunil from Life Care Lab. Chairman of CT Group of Institutions, Charanjit Singh Channi, Vice Chairman, Harpreet Singh, Director Campus, Dr. G.S. Sidhu, Director Research and Planning, Dr. Jasdeep Kaur Dhami, Dean Academics, Dr. Parminder Nain, Principal of CTIHS, Dr. Seema Arora, and Head of Department of Physiotherapy, Dr. Arun were all present at the ceremony.



## Hostellers of CTPS Rejoice at the Silver Night

CT Public School organized Silver Night, a cultural program for the hostellers on the 27th of May'23. It was a night of fun and frolic, wherein the hostellers put up performances, sang, and danced in joy. The event was a huge success, and everyone had a wonderful time. The whole auditorium resonated with the sound of the cheering crowd, and the atmosphere was electric with the positive vibes of the hostellers. It was an evening to remember, and one that

everyone will treasure for a long time. The program commenced with the lighting of a ceremonial lamp, followed by Gayatri Mantra. The hostellers presented Shahad, and Ganesh Vandana, a series of dances, a ramp walk, a newspaper dance, a skit, and solo songs. Bhangra and cake-cutting ceremony were the highlights of the program. Chairman of the school, S. Charanjit Singh Channi, Co-Chairperson, Ms. Parminder Kaur Channi, Co-Managing Director, Ms. Tanika Channi, Principal

of CTPS, Ms. Anuradha Chandel, and Vice Principal, Ms. Sukhdeep Kaur graced the occasion with their presence. Principal, Ms. Anuradha Chandel, gave the welcome address and explained the importance of boarding life. The chairman of the school, S. Charanjit Singh Channi, interacted with the hostel students and motivated them to lead a disciplined and determined life. The co-chairperson appreciated all the students for their stupendous efforts.



## CT University and AIESEC Organize World Talk Cafe to Foster Global Dialogue and Understanding

CT University, in association with AIESEC Ludhiana, hosted a remarkable event, the World Talk Café. The World Talk Cafe served as a platform for open dialogue and meaningful discussions on global topics. It brought together students, faculty, and distinguished guests from various backgrounds. This event not only enriched participants' knowledge but also contributed to fostering a culture of dialogue and understanding within the university community. The World Talk Cafe witnessed students and esteemed guests from Tunisia,

Colombia, Sri Lanka, Romania, Algeria, Egypt, and Mexico. The diverse representation from these countries added valuable perspective to the conversations, promoting cross-cultural understanding and ideas. The event comprised engaging sessions and interactive discussions on pressing global issues such as climate change, social justice, sustainable development, and cultural diversity. Participants actively shared their insights, experiences, and innovative solutions to these challenges, making the World Talk Cafe a platform for

constructive dialogue. Speaking about the event, Dr. Ati Priye, Director, Planning and Development at CT University, stated, "The World Talk Cafe was a tremendous opportunity for our students and faculty to connect with individuals from different countries and cultures. Through this event, CT University and AIESEC demonstrated their commitment to promoting global awareness and fostering an inclusive campus community." The World Talk Cafe's success owes gratitude to the organizing committee and volunteers whose collective efforts made the event

possible. Their dedication and enthusiasm contributed to the vibrant atmosphere and ideas exchanged during the event. CT University and AIESEC extend their heartfelt appreciation to all participants for their active involvement and valuable contributions to the World Talk Cafe. The event's success lies in their eagerness to engage in dialogue, share experiences, and collaborate toward a more interconnected world.




# VARIETY

## Achieving the Top 1%: Banisha's Achievement in Management Principles

CT Group of Institutions, North Campus with immense joy and pride announces a remarkable accomplishment by one of their esteemed students, Banisha from MBA-4, in the realm of management studies. Her dedication, passion, and diligent work have propelled her to extraordinary heights. Banisha stands

among the top 1% of candidates who cleared the NPTEL examination via IIT Roorkee on "Principles of Management". This accomplishment is a testament to her exceptional abilities, perseverance, and unwavering commitment to her craft.






**Elite**

**NPTEL Online Certification**

(Funded by the MoE, Govt. of India)



This certificate is awarded to

**BANISHA**


for successfully completing the course

**Principles of Management**

with a consolidated score of **84** %

Online Assignments	24.06/25	Proctored Exam	60/75
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Total number of candidates certified in this course: 6619




**Prof. Sanjeev Manhas**  
Coordinator, Continuing Education Centre  
IIT Roorkee

Jan-Apr 2023  
(12 week course)



**Prof. Priti Maheshwari**  
NPTEL Coordinator  
IIT Roorkee



Indian Institute of Technology Roorkee



It's a pride to share that one of CT University's PhD. scholars has published an article about CT University in which he shared his exemplary experience with CTU. The research scholar, Mushtaq Ahmed Rather, published this article on 28th

May 2023. The Dean Research office extends special thanks to the worthy management of CT University for providing continuous support for promoting research at CTU. It is an outstanding example of how collaboration between parties can lead

to productive results. Passionate scholars and motivated organizations are at the front line of a journey of discovering new knowledge and making a real difference in our society.



# GLIMPSE

## Your One-Stop Shop for Knowledge!

Test your sports knowledge now

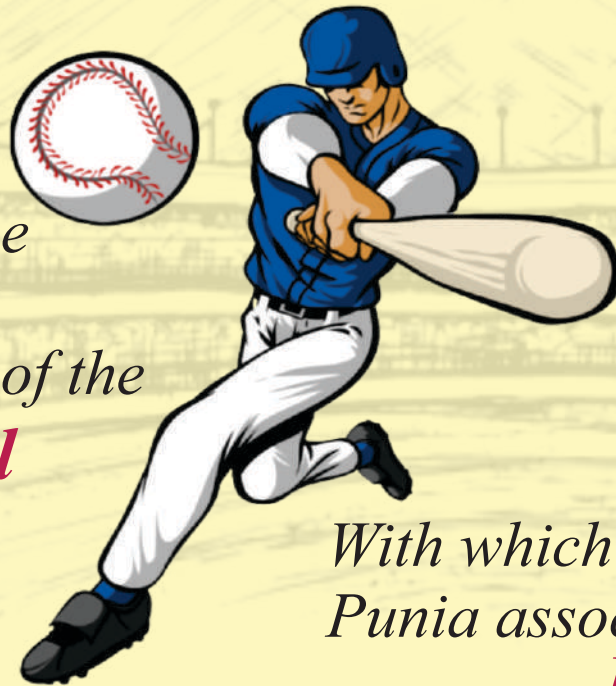


Which state of India houses the iconic Eden Gardens cricket ground? **West Bengal**



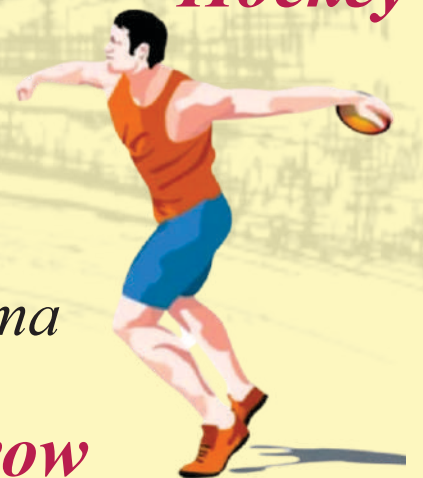
Sultan Azlan Shah Cup is related to which among the following Sports? **Hockey**

Which among the following is the National Sports of the USA? **Baseball**



With which sport is Seema Punia associated?

**Discus Throw**



## STUDENTS MASTER CNC TURNING, OPERATING & PROGRAMMING

The Centre of Excellence (CNC Training & Research) at CT Group of Institutions, North Campus has started a CNC Turning Operating & Programming course. This industry-oriented course will prepare students for industry. It is a high-demand course across the globe leading to high salary packages. The program is designed for M.Tech, B.Tech, Diploma, ITI, and 10th/+2 students to enhance their technical skills toward production, manufacturing, and employability.



# OPINION

## DO YOU THINK MOST OF OUR ACTIONS AND DECISIONS COME FROM A DESIRE FOR VALIDATION?



Article Written By:  
**Dr. Manbir Singh**  
Managing Director  
CT Group

measure of our worth. Instead, we need to find our own validation and become content with who we are as external validation is fleeting. We are mostly driven by choices resulting in quick and short-term pleasures. For example, pills for slimming down, crash diets for cutting fat, steroids for building body mass, drugs for an instant rush, and junk food for immediate taste. Now, these short-term pleasures result in long-term traps. Slimming pills, steroids, and drugs might give you an instant rush of adrenaline but they come with side effects that are sometimes fatal. This whole loop of choice, validation, and rush is in action because of our desire to fit into societal standards. Standards of beauty- fair/dark, health- slim/fat, looks- modern/traditional, married/unmarried, and these

binaries are never-ending. Society puts immense pressure on individuals to conform to these standards and it can have serious psychological and physical repercussions. We must break this loop and stop feeling the need to adhere to societal standards if we are to truly be liberated. One of these binaries is having a big build, heavy muscles, and solid shape and not a simple fit body. Now there is an interminable influence of social media, deep but also a reason behind many rash and reckless choices. One of the most common choices for bodybuilders is steroids for quicker and larger impacts. These products result in wrecks ranging from cardiac arrest to infertility to irregular blood pressure. People in their prime age who shy away from rigorous and consistent fitness regimes take the assistance of steroids. Steroid abuse is an extremely irresponsible choice since these can have long-term, irreversible repercussions. It is imperative to understand that bodybuilding is a gradual process

and can only succeed with consistent effort and dedication. Shortcuts can harm way more than benefit. Natural alternatives such as plant-based supplements may provide similar results but with fewer risks. Consulting a healthcare professional before beginning any fitness regime is essential to ensure safety. Additionally, a balanced and nutritious diet is equally important for achieving desired fitness goals. It is not every day that you are blessed with a human body. A body with infinite potential is capable of crossing rivers and climbing mountains. Also, it is not every day that we realize this body is invaluable. We only realize it when it is hurt and suffering. That is when we stop, think, and understand how small actions can lead to lifelong or fatal consequences. We must take care of our bodies and nurture them in order to reap the rewards of our infinite potential. Taking time to recognize what our body is capable of and giving it the love and respect, it deserves is essential for a healthy and fulfilling life.

The desire to seek and hope for external validation is deeply ingrained in human nature. That incessant desire for acceptance shapes our daily choices. Some motivate us to work harder, some to look prettier, slimmer, or more powerful. Now, these choices can be fruitful but if we do not think of long-term results while choosing, we can make life-damaging and fatal choices. We need to be mindful of our decisions and know that validation from others is not a



**CT GROUP OF INSTITUTIONS**  
SINCE 1997 Punjab (India)



**NEW VOCATIONAL COURSES**

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- B.VOC (HOSPITALITY & CATERING MANAGEMENT) • B.VOC (BEAUTY THERAPY & AESTHETICS)

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**PROGRAMMES OFFERED**

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**#CAREER BEGINS HERE**



# HONOUR

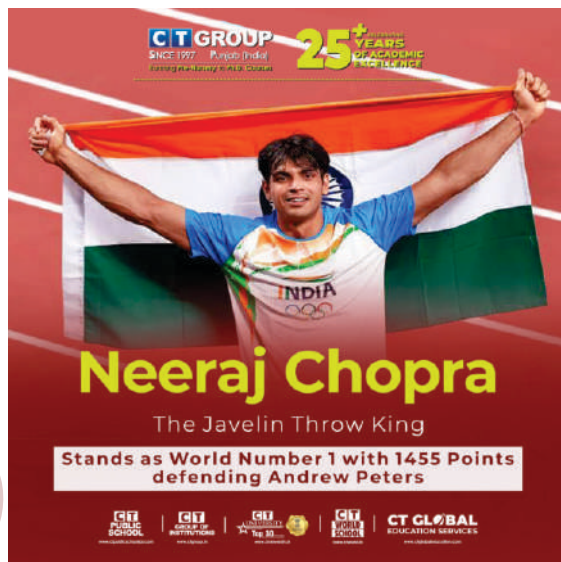
# DID YOU KNOW?



*CSK win their 5th IPL title under the captainship of Mahendra Singh Dhoni, more commonly known as MS Dhoni who needs no introduction.*

*Strike it big with Javelin: Neeraj Chopra is Numero Uno!*

*India's own Tokyo Olympic gold medalist Neeraj Chopra took #JavelinThrow to a whole new level and threw out the competition! With a staggering 1455 points, he's leading the field by outpacing Andrew Peters who stands at 1433 points #GoNeerajGo*



*A Momentous Occasion for Sikh Heritage GATKA*

*Get ready to witness the power, skill, and cultural heritage come alive on the grand stage at the 37th National Games in Goa.*

*Captain Cool: Will He Return for Another IPL Victory?*



## FACT FEVER



Bengaluru, the Silicon Valley of India is the second slowest city in the world to drive in as one can cover just 10 km in 29 minutes and 10 seconds in the city.

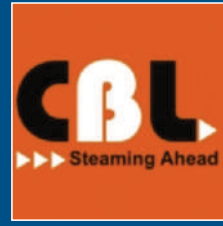
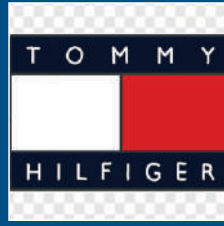


How many of you know that it was Kolkata, and not Delhi, which was India's capital till 1912!?



The Statue of Unity is the world's tallest statue, with a height of 182 meters, located near Kevadia in the state of Gujarat, India. It depicts Indian statesman and independence activist Vallabhbhai Patel.

# BACK PAGE



**DIVESH**  
B.TECH CES



**M. ZAHID MEHRAJ**  
B. TECH CSE



**SHAHNAWAZ HUSSAIN**  
BBA



**Nisha**  
B.TECH CSE



**ASHFAQE AHMAD**  
B.TECH CSE



**MANSI DHINGRA**  
B.TECH CSE



**Ritika Thakur**  
B.TECH CSE 7th



**GAGAN**  
B.PHARMACY



**RAJAT BISHT**  
B.PHARMACY



**DINESH KUMAR**  
B.PHARMACY



**NOOR NAWAZ**  
B.TECH. CSE



**TINKU KUMAR**  
B.TECH MECHANICAL



**KARANDEEP**  
B.TECH MECHANICAL



**SUMIT GILL**  
B.TECH MECHANICAL



**SAHIL AKKAL**  
B. TECH CSE



**ARSHAD ILAHEE**  
B. TECH CSE



**AMANJIT KAUR**  
B.TECH. CSE



**PUNYAA MINOCHA**  
B.TECH. CSE

# Just Placed



**SHRUTI**  
B.TECH CSE



**NARGISDEEP KAUR**  
B.TECH CSE



**BHANU PARTAP SINGH**  
B.TECH CSE



**ASHREY BHOIL**  
B.TECH CSE



**AMITA**  
MBA



**SUKHMANDEEP**  
BBA



**NAMAN**  
B.COM



**DANISH MUSHTAQ**  
MBA



**ARVINDER SINGH**  
B.TECH CSE



**AMANT**  
CTCP



**AMANDEEP**  
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**HARPREET**  
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**Mayank**  
ctcp

*A new job is like a blank book, and you are the author.  
Congratulations!*